

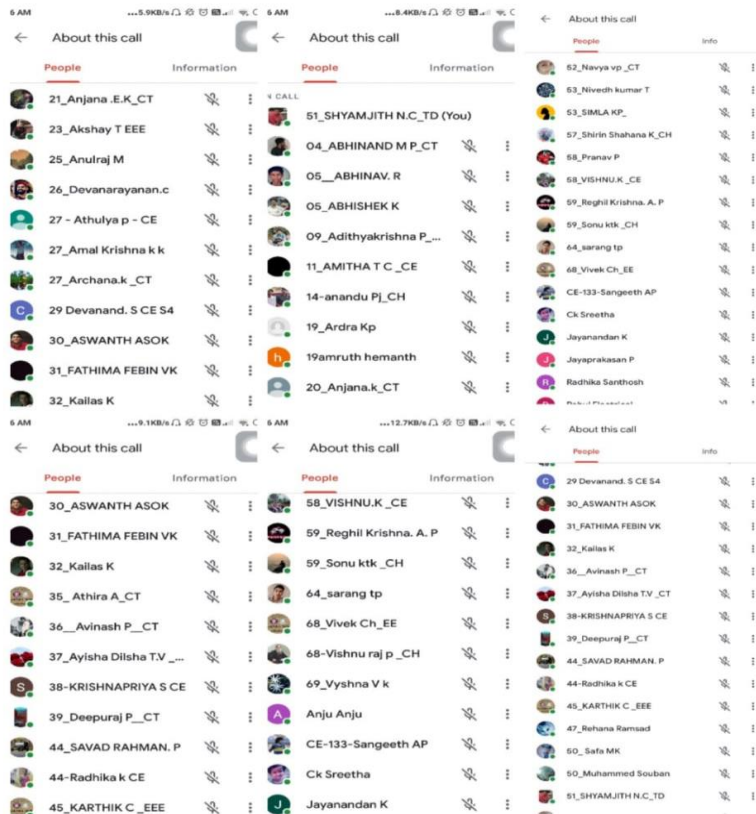
Government of Kerala Polytechnic College, Westhill

_National Service Scheme Technical Cell Unit No. 133 & 134

REGULAR ACTIVITIES REPORT

INDEPENDENCE DAY CELEBRATION

- **Date** : 15/08/2021
- **Venue** : Home
- **Beneficiaries** : Volunteers
- **Outcome** : As part of Independence Day, KGPTC NSS conducted online quiz competition.
- **Highlights** : Due to the Covid pandemic situation, KGPTC NSS unit conducted online quiz competition. All Volunteers competed in the competition. The timing of competition was from 2pm to 3pm.



ONAM CELEBRATION - SAMOOHA SAMBBAR

- . **Date** : 20/08/2021
- . **Venue** : Home
- . **Beneficiaries:** Public and volunteers
- . **Outcome** : Volunteers given the vegetables for sambar to the poor people nearby their house
- . **Highlights** : KGPTC NSS volunteer conducted a program called "Samootha Sambbar" on 20-08-2021, by providing vegetables for sambar to the poor people nearby their home.



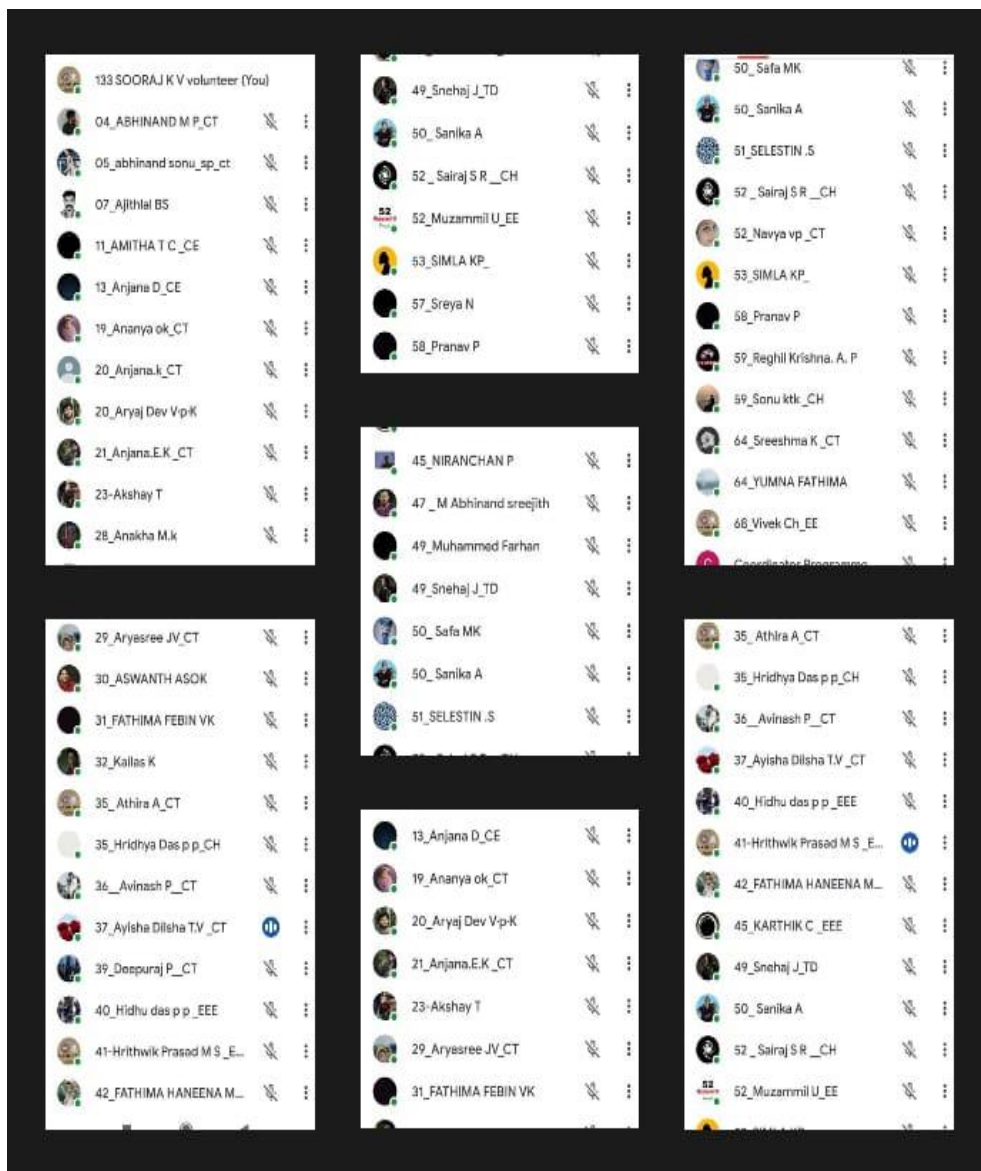
 **NATIONAL SERVICE SCHEME**
TECHNICAL CELL UNIT NO. 133&134
KERALA GOVERNMENT POLYTECHNIC
COLLEGE, WESTHILL 

CHINGA NILAV
2K21
Samootha Sambhar



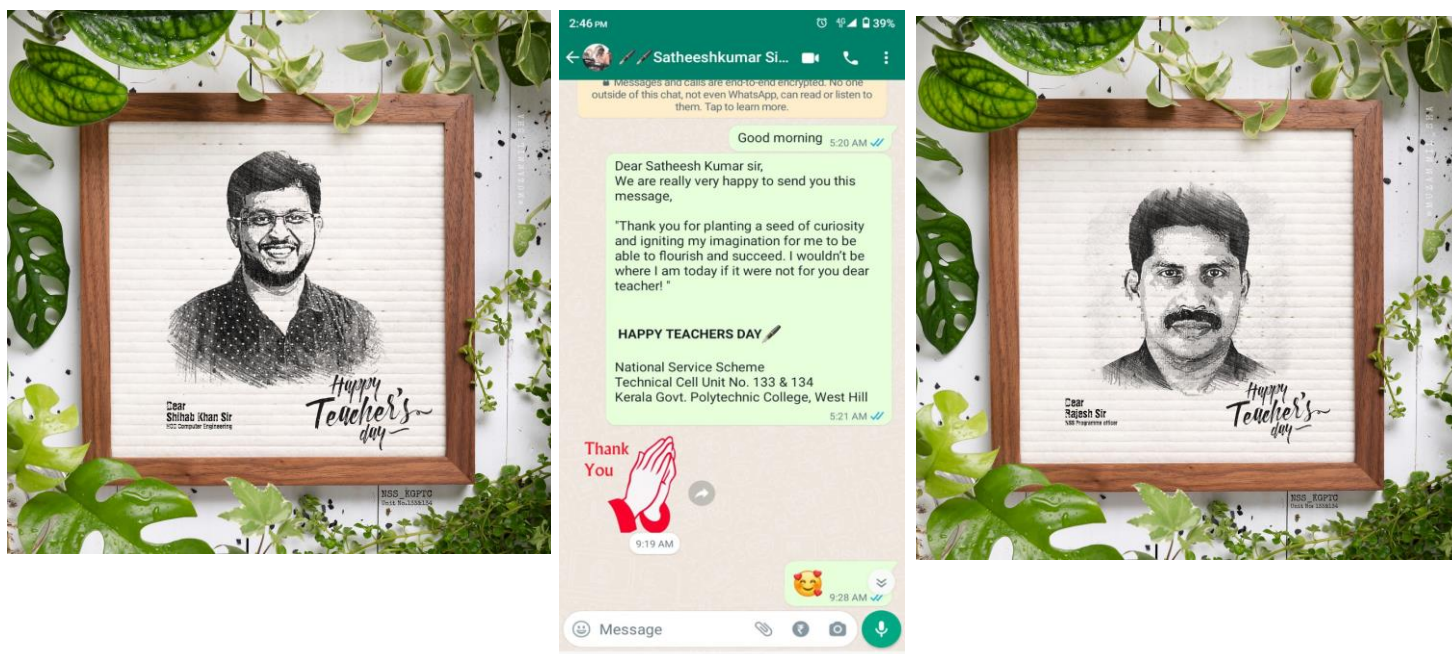
NATIONAL SPORTS DAY

- **Date** : 29/08/2021
- **Venue** : Home
- **Beneficiaries** : Volunteers
- **Outcome** : Volunteers had a debate competition on the topic "Weather the current education system gives importance to sports or not"
- **Highlights** : KGPTC NSS volunteers conducted a debate competition on the topic "Whether the current education system gives importance to sports or not " through google meet @ 8 pm. On this occasion NSS volunteers attended the meet.



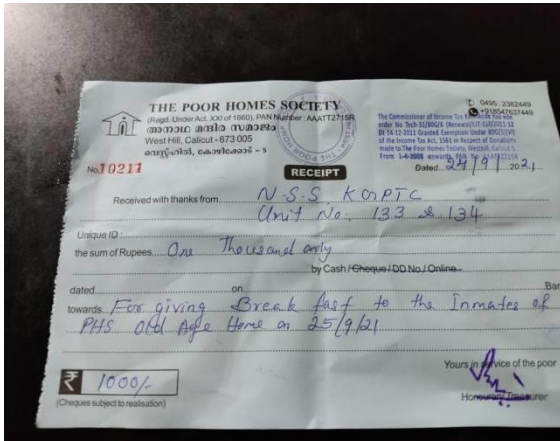
TEACHERS DAY

- **Date** : 05/09/2021
- **Venue** : Home
- **Beneficiaries** : Teachers and volunteers
- **Outcome** : Send teacher day wishes to all teachers in the college and drawn the picture of the HOD's and Program officers of NSS and drafted it to them with the teacher's day wishes
- **Highlights** : KGPTC NSS volunteers conducted programme, on "TEACHERS DAY" by sending teachers day wishes to all teachers in the college and drawn the picture of the HOD's and Program officers of NSS unit no.133 and drafted it to them with the teacher's day wishes



NSS DAY

- Date** : 24/09/2021
- Venue** : The poor home society, west hill Calicut
- Beneficiaries** : Volunteers and orphans
- Outcome** : Volunteers provided an early meal at the old age home
- Highlights** : KGPTC NSS volunteers conducted programme, on "NSS DAY" by providing an early meal at the old age home on 25/9/21 on the occasion of NSS Day. The program conducted by unit no .133 volunteers.



GANDHI JAYANTI

Date : 02/10/2021

Venue : kerala government polytechnic college west hill, Kozhikode

Beneficiaries: volunteers and campus

Outcome : KGPTC NSS volunteers conducted Programme, on "Gandhi jayanti" by cleaning the college campus and payed a floral tribute to Gandhiji at KGPTC.

Highlights : KGPTC NSS volunteers conducted Programme, on "Gandhi jayanti" by cleaning the college campus and payed a floral tribute to Gandhi statue at KGPTC





FINISHING SCHOOL CLEANING

- **Date** : 03/11/2021
- **Venue** : KERALA GOVERNMENT POLYTECHNIC COLLEGE WEST HILL,
KOZHKODE
- **Beneficiaries** : Volunteers , college authority
- **Outcome** : Volunteers cleaned the finishing Department and computer lab
- **Highlights** : KGPTC NSS volunteers cleaned the Finishing Department and Computer lab.



LIBRARY CLEANING

Date : 08/11/2021

Venue : KERALA GOVERNMENT POLYTECHNIC COLLEGE WEST HILL,
KOZHKODE

Beneficiaries : Volunteers

Outcome : Volunteers cleaned the college library and arranged the books in the library

Highlights : KGPTC NSS Volunteers cleaned the college library and arranged the books in order in the library.



LIBRARY CLEANING

Date : 13/11/2021

Venue : KERALA GOVERNMENT POLYTECHNIC COLLEGE WEST HILL, KOZHKODE

Beneficiaries : Volunteers

Outcome : Volunteers cleaned the college library

Highlights : KGPTC NSS Volunteers cleaned the college library and arranged the books in order in the library.



CAMPUS CLEANING

Date : 14/11/2021

Venue : KERALA GOVERNMENT POLYTECHNIC COLLEGE WEST HILL, KOZHKODE

Beneficiary : Volunteers

Outcome : Volunteers cleaned the college campus

Highlights : KGPTC volunteers cleaned the frontage of college auditorium





National integration

- Date : 19/11/2021
- Venue : KERALA GOVERNMENT POLYTECHNIC COLLEGE
WEST HILL, KOZHKODE
- Beneficiaries : Volunteers , college students and staff
- Outcome : Took pledge on national integration
- Highlights : KGPTC NSS volunteers college students and staff took pledge on national integration





International Day for the Elimination of Violence against Women

- Date : 25/11/2021
- Venue : KERALA GOVERNMENT POLYTECHNIC COLLEGE WEST HILL, KOZHKODE
- Beneficiaries : Volunteers , college students and staff
- Outcome : Awareness campaign
- Highlights : KGPTC NSS volunteers make and display posters as part of an awareness campaign on "International Day for the Elimination of Violence against Women" on 25-11-2021





World Aids day

- Date : 01/2/2022
- Venue : KERALA GOVERNMENT POLYTECHNIC COLLEGE WEST HILL, KOZHKODE
- Beneficiaries : Volunteers and college students
- Outcome : Awareness campaign
- Highlights : KGPTC NSS volunteers created a presentation regarding world Aids day





Old age home visit

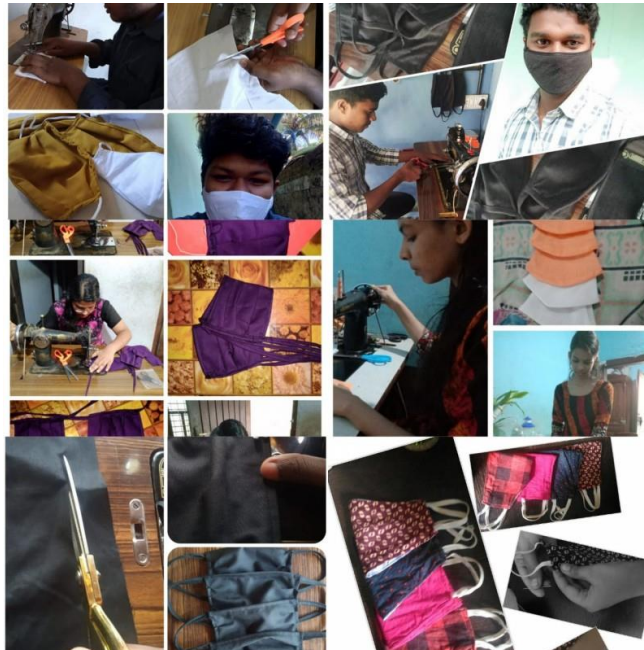
- Date : 04/12/2021, 11/12/2021
- Venue : KERALA GOVERNMENT POLYTECHNIC COLLEGE WEST HILL, KOZHKODE
- Beneficiaries : Volunteers and Anandhabhavan old age home inmates
- Outcome : Volunteers spend time with orphans
- Highlights : Volunteers interacted with orphans provided a meal to them





Mask Making

- Date : 21/12/2021
- Venue : KERALA GOVERNMENT POLYTECHNIC COLLEGE WEST HILL, KOZHKOODE
- Beneficiaries : Volunteers and old age home orphans
- Outcome : Mask making
- Highlights : Volunteers prepare mask in their own home to fight against corona virus



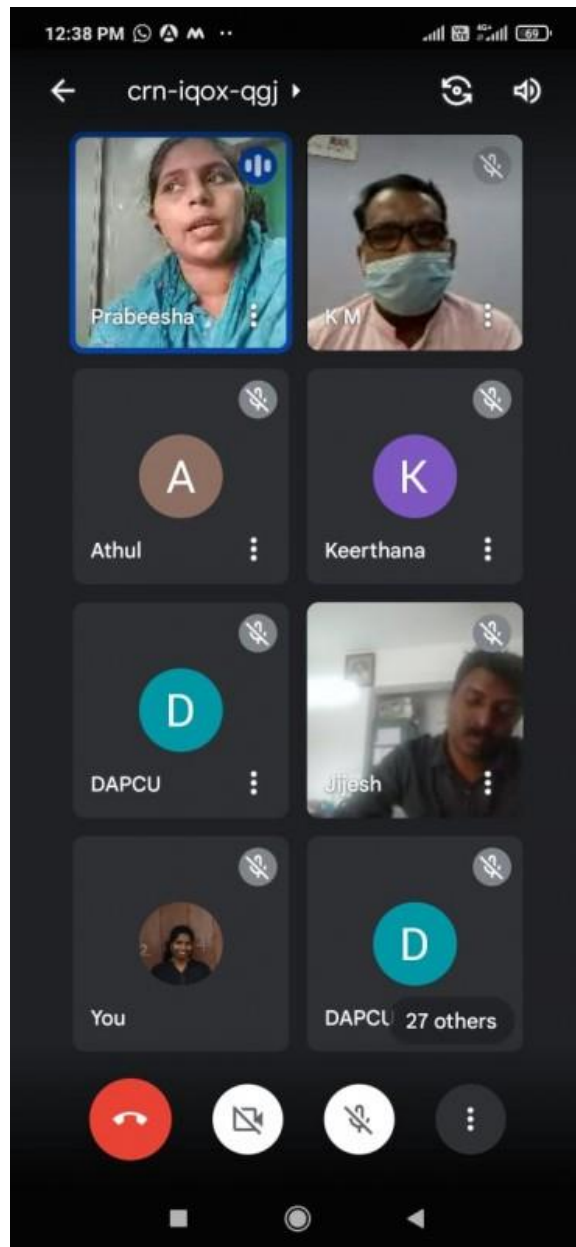
How to conduct a Digital survey

- Date : 22/12/2021
- Venue : KERALA GOVERNMENT POLYTECHNIC COLLEGE WEST HILL, KOZHKODE
- Beneficiaries : Volunteers
- Outcome : Digital survey awareness
- Highlights : The orientation class was given by Mr. Muraleedharan (ward councillor, westhill). He told us how to take informations from people and how to behave towards them and the benefits of taking information from them.



National Youth Day celebration

- Date : 20/01/2022
- Venue : KERALA GOVERNMENT POLYTECHNIC COLLEGE WEST HILL, KOZHICODE
- Beneficiaries : Volunteers
- Outcome : Awareness about Substance abuse and Adolescence.
- Highlights : National Youth Day 2022 observance in Kozhikode district under the aegis of District Aids Control Society and NSS units of KGPC.
The aim is to equip young people with good mental health.



Menstrual Hygiene - Introducing menstrual Cup

- Date : 20/01/2022
- Venue : KERALA GOVERNMENT POLYTECHNIC COLLEGE WEST HILL, KOZHKODE
- Beneficiaries : Volunteers
- Outcome : Awareness about menstrual Hygiene
- Highlights : An Awareness class on menstrual hygiene was conducted at KGPC west - Hill. Menstrual Hygiene educators Gurudath and Mahitha introduced the different aspects of menstrual hygiene and introduced menstrual cups to the volunteers



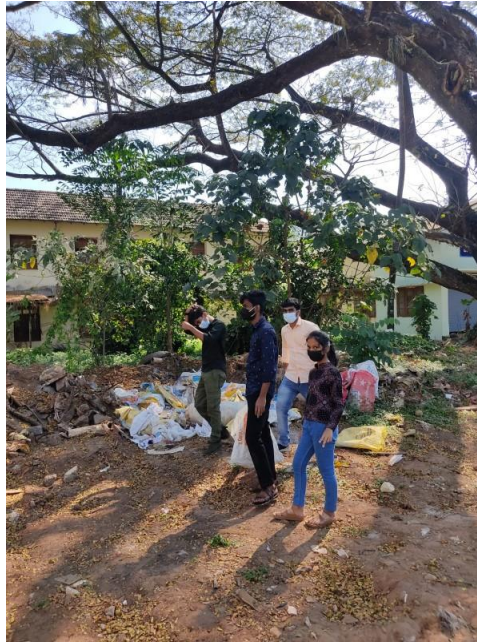
Republic day celebration

- Date : 26/01/2022
- Venue : KERALA GOVERNMENT POLYTECHNIC COLLEGE WEST HILL, KOZHKODE
- Beneficiaries : Volunteers
- Outcome : Food distribution
- Highlights : Volunteers celebrated the Republic Day to commemorate 75 years of independence. The volunteers conducted a food distribution at Calicut railway station.



Campus cleaning

- Date : 05/02/2022
- Venue : KERALA GOVERNMENT POLYTECHNIC COLLEGE
WEST HILL, KOZHKODE
- Beneficiaries : Volunteers and Campus
- Outcome : cleaning of campus premises
- Highlights : Volunteers conducted a campus cleaning work at college



Tree planting

- Date : 08/02/2022
- Venue : West hill Anghanawadi
- Beneficiaries : Volunteers and Anghanawdi
- Outcome : Trees planted
- Highlights : Volunteers visited Anghanavadi for the tree plantation and distributed plants



Campus Pond cleaning

- Date : 12/02/2022
- Venue : KERALA GOVERNMENT POLYTECHNIC COLLEGE
WEST HILL, KOZHKODE
- Beneficiaries : Volunteers and Institute
- Outcome : cleaning of campus pond
- Highlights : Volunteers conducted cleaning work at pond in front of the college as part of campus beatification.





GENDER EQUATIONS

- Date : 16/02/2022
- Venue : KERALA GOVERNMENT POLYTECHNIC COLLEGE WEST HILL, KOZHKODE
- Beneficiaries : Volunteers
- Outcome : Awareness about gender equality.
- Highlights : This was an orientation class on gender equality .The program was called Gender Equations. Talk was delivered by Jaya Thaikoot



Anghnawadi painting and decoration

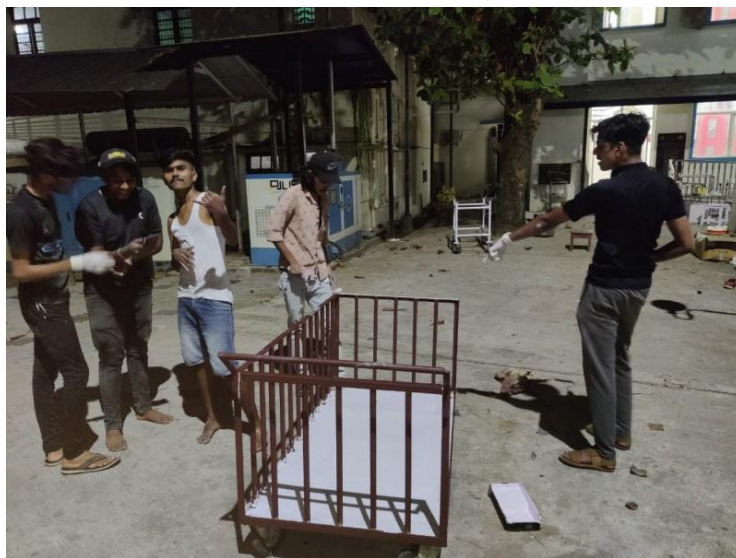
- Date : 19/02/2022, 20/02/2022
- Venue : West hill Anghanawadi
- Beneficiaries : Volunteers and Anghanawadi
- Outcome : Painted and decorated Anghanawadi
- Highlights : Volunteers conducted painting and decoration work at West hill Anghanawadi





Punarjjani

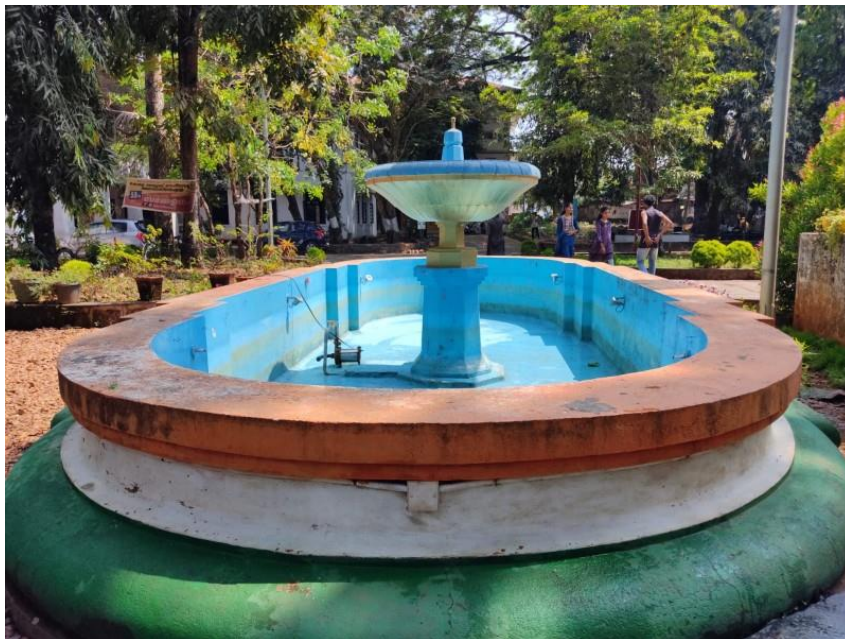
- Date : 05/03/2022, 06/03/2022, 07/03/2022
- Venue : Govt. Hospital for women and child, Kottapparambu
- Beneficiaries : Volunteers and hospital
- Outcome : Maintenance and Repairing of hospital equipments
- Highlights : Volunteers did maintenance work at the hospital. Volunteers panited items such as the bed, wheelchair and table ... etc in the hospital.





Campus cleaning

- Date : 26/02/2022
- Venue : KERALA GOVERNMENT POLYTECHNIC COLLEGE
WEST HILL, KOZHKODE
- Beneficiaries : Volunteers and Campus
- Outcome : cleaning of campus premises
- Highlights : Volunteers a campus pond cleaning work at college



Hospital Maintenance work

- Date : 13/03/2022, 19/03/2022
- Venue : Govt. Hospital for women and child, Kottapparambu
- Beneficiaries : Volunteers and hospital
- Outcome : Maintenance work at hospital
- Highlights : Volunteers did maintenance work at the hospital.



Hospital Maintenance work

- Date : 19/03/2022 , 20/03/2022
- Venue : Govt. Hospital for women and child, Kottapparambu
- Beneficiaries : Volunteers and Hospital
- Outcome : Maintenance work done in hospital
- Highlights : Volunteers did maintenance work at the hospital. Volunteers painted items such as the bed, wheelchair and table ... etc in the hospital.





Beach Cleaning

- Date : 27/03/2022
- Venue : Kozhikode South Beach
- Beneficiaries : Volunteers and Beach visitors
- Outcome : Waste free Beach
- Highlights : Volunteers conducted cleaning work at Kozhikode south beach.



Skill development programme

- Date : 28/03/2022
- Venue : KERALA GOVERNMENT POLYTECHNIC COLLEGE
WEST HILL, KOZHKODE
- Beneficiaries : Volunteers
- Outcome : Skill development
- Highlights : Volunteers participated in skill development class. The program is sponsored by ASAP



SPECIAL CAMP REPORT

DAY 1 (23-12-2021) Report

Under the technical cell of Kerala Government Polytechnic College, West Hill NSS unit no 133 & 134, we took part in the 7-day special camp. The programme was scheduled for 7 days.

We arranged a ‘Vilambara Jatha’ on 22-12-2021 at 3.30 pm. The flag off was done by Sri Muraleedharan T, Councillor of the adopted village in the presence of honourable Principal Sri. Sureshkumar J S. All the NSS volunteers participated in the programme.



The 7-day camping programme "**Vettam 21**" was launched on 23-12-2021 at Kerala Government Polytechnic College West Hill, Kozhikode. The inauguration function was started at 12:30 pm in the seminar hall of KGPTC West Hill. Honourable MLA, Sri. Thottathil Ravindhran formally inaugurated the 7-day camp "**Vettam 21**". The welcome speech was made by the principal, Sri. Suresh Kumar J.S and presidential address was made by the councillor of the adopted village, Ward 73 of Kozhikode

Corporation, Sri. Muralidaran T. Felicitation was delivered by Shihabudheen K M (HOD, CT department), Abdul Salam P K (HOD, ME department), Suresh Babu N (HOD, CE department), Jayarani M (HOD, CH department), Unnikrishnan P (HOD, EEE department), Vijayanandan .T (HOD, TD department), Shiju cheriyan (HOD, General department), and Fahad (CADD CENTRE representative). Then Mr. Fahad handed over the stationery kit sponsored by CADD CENTRE, containing a note pad and pen to our volunteer Secretary Sooraj. Then other kits were distributed among other NSS volunteers also.



The next section was an Ice breaking session taken by Vivek sir and Arya mam. It started at 2:30 in the college auditorium. Both of them talked to us about NSS and sang songs, make us into groups and make us do group activities, play games, etc. At 4.30 we wound up the session and we gave memento to both of them. Then there was a cup of tea and snacks at end of the session. The 1st day of our camp successfully completed at 5.00 pm



DAY 2 (24-12-2021) Report

Today was the second day of the seven-day camp 'Vettam 2021' of Nss unit 133 at KGPTC. The camp started at 8:30 am with NSS Theme song and programme officers Indu Miss and Naeem Sir hoisted NSS flag. Later all the group leaders collected the mobile phones from the volunteers and put in the NSS office for safe keeping.

Group 2, 3, 4, 5, 6, 7 and 8 went to clean and arrange different labs, rooms, and surrounding areas in various departments. And the group 1 members went to the kitchen to prepare food and supply it to the NSS volunteers and other staff.

The volunteers went to clean the project lab and other surrounding rooms in the computer engineering department, and cleaned garden area and polished the machines in civil engineering department. At 11 am all the volunteers took a tea break with steamed tapioca and *chamanthi*. After that, all of us got back to our work. At 12:30 pm we had our lunch which consisted of rice, fish curry, pickles and cabbage *thoran*.

After lunch the next session started at 1:30 pm. It was an awareness programme on the topic "Youth and Road Safety". It was conducted by regional transport office Motor Vehicles Inspector Ajith Kumar sir. Riya Jameela (EEE) and Aswin(ME) rendered welcome speech and vote of thanks respectively. After the session, by 3:30, we started our cultural programme. we wound up our program by 4:30 with a coffee.



DAY 3 (25-12-2021) Report

Today was the third day (25/12/2021) of the seven day camp '**Vettam 2021**'. The camp started at 8:30am with NSS Theme song. Flag hosting program was conducted by Sreetha mam. From 9:00 to 9:30, we cleaned and swept the auditorium for today's first session which is SELF DEFENCE.

The session started at 9:30. It was conducted by Sensei Jijosh and Renshi Prasanna Kumar (Chief Instructor okinawa shorinryu karate and kobudo). They taught us 5 ways of self defence, the session was entertaining and one of the nss volunteer and one of the volunteer secretary got injured during practice (not serious injurious though). After that there was a meditation session for few minutes. At end of the session Midlaj PP gave feedback and delivered vote of thanks to Jijosh sir and Prasanna sir representing NSS unit and the programme came to an end at 11:30. The group no.2 members went to kitchen to arrange the food for volunteers and staff. There was a tea break at 11:30. The food was upma and steamed banana. At 12:00 there was a small cake cutting as part of Christmas celebration. The cake was sponsored by Sreetha madam (Assistant Program Officer).

As per our schedule we went to our work place at 12:15 pm. Group no 1, 3, 4, 5, 6, 7 and 8 went to clean chemical engineering lab, polish the machines in machine lab, clean and paint the stands and surrounding in TD department lab, and some of the volunteers undertook electrical work and painting work in academic block and cleaned the grass in surrounded in the college. At 2 pm we had our lunch, which consisted of ghee rice and chicken curry. After having lunch we resumed our work. The 3rd day of our camp ended at 4:30 pm successfully.



DAY 4 (26-12-2021) Report

Today was the fourth day (26-12-2021) of the seven day camp "**Vettam 2021**". The camp started at 8:30am with NSS Theme song. Flag hosting program was conducted by councilor Murali sir, program officers Indu miss and Naeem sir. Then we divided into 13 groups. Our today's task was to digitize the socio economic details of the residents of our adopted village, which a pilot study conducted under the initiative of the ward councillor T.Muraleedharan. Students visited various residence associations of that area, namely, Oruma, Sukrutham, Pratheeksha, Ganga, Jwala, Thejas, Ganapathikavu, Souhardha, Green land, Mission school, Air east for the survey. The councillor had given us the google form required for the data collection. We got there and again divided into several groups. Each group was accompanied by a member of the association for guidance. We gave the form to each house owner, filled it up and collected it. Everyone cooperated well with us. The association provided snack and tea. We returned to college at 1:20 pm. At 1:25pm we had lunch. The meal consisted of rice, soybean, pickles and vegetables. After 1:30, our educational session began. It was a paper bag making workshop conducted by Abdul Raheem sir from the department Electrical and Electronics Engineering at KGPTC. Then we shared our

experience of survey and data collection with the councillor and gave him a feedback. There was tea and biscuits in the evening. The camp ended at 5:00 pm today.



DAY 5 (27-12-2021) Report

Today was the fifth day of the seven day camp "**Vettam 2021**" of NSS unit 133&134 at Government of Kerala Polytechnic. The camp started at 8:30am with NSS Theme song and programme officers Indu miss, Naeem sir, Majeed (security of KGPTCL) conducted NSS flag hoisting.

Today's works consisted of painting and cleaning the machines in lab and civil block area, cleaned hydraulic lab, cleaning the surrounding of CT block, general workshop, electrical lab, and mechanical lab. At 11:15 we took a tea break. After having tea we get back to our work. By 1 pm all the volunteers completed their work and we had lunch. The meal consisted of rice, fish curry, pickles and vegetables. After the meal we entered the auditorium .There was an orientation class of M.S.Sunil Sir from 1 30 to 3 30 and a lot of games and songs in the class. After that session we made paper bags at 4 45 pm, the session which we could not complete the previous day, then everyone drank tea .The camp ended at 5.00.



***DAY 6 (28-12-2021) Report**

Today was the sixth day (28-12-2021) of the seven day camp "Vettam 2021". The camp started at 8:30am with NSS Theme song. Flag hoisting program was conducted by Abhinand MP (133 Volunteer,CT).

There was pledge against usage of drugs. At 9.00 to 9.30 there was a session of class taken by Ali Hassan sir on topic "The chemistry and the Politics of Soap Making".

Then our volunteers went to general workshop department chemical lab and Tool and Die workshop for cleaning, painting and also done some electrical Work in all blocks. The volunteers engaged in setting seats and board at college premises. At 11.30 am we had our morning tea and puffed rice. Then we continued our work till 1.00 pm. we had lunch, chicken biryani at 2.00 pm. We went to the auditorium and attended the remaining of morning session class taken by Ali Hassan sir. We started our cultural programme at 3.30. 7 groups sang Nadanpattu, then Manoj sir sang a song and performed Mimicry for us. Then our super seniors of NSS came to visit us and they brought sweets for us and they talk to us and at 4.30 we concluded our programme and we had *payasam* at 4.45 and at 5.00 we left the camp.



DAY 7 (29-12-2021) Report

Today was the *seventh day (last day)* of the camp 'Vettam 2021' of Nss unit 133 & 134 at Government of Kerala Polytechnic. The camp started at 8.30 am. Principal Suresh Kumar sir was conducted flag hosting. At 9:05 we arrived at seminar hall. At 10:15 am we began cultural programmes. The closing ceremony of the Seven day camp began at 11:10 am with NSS Theme song. Principal Suresh Kumar J. S sir welcomed all of us to the ceremony. Presidential address was by Sathyabhama C. S (71 ward councilor) and Inauguration was done by Jayasree madam, Chairperson of Health Standing committee since Musafar Ahammad (Deputy Mayor of Kozhikode cooperation) had to take part in an urgent function somewhere. Sunil das sir of Civil Department, Jayarani HOD of CH, Abdul Rahim (EEE), Prasanna Madama (Councillor of Ward 77) delivered felicitations and Our volunteer secretary Aswandh A. S. expressed his formal thanks. At 12:15 was tea time --Egg and banana with black coffee. At 12:45 we had a work in connection with the survey we conducted- we had to complete the uploading of the details. We completed it and the forms were sorted and collected. At 2.45 we had our lunch rice, chicken stew, beef fry and cauliflower fry, pickle and salad. At 3.30 we cleaned our campus. At 4:45 was

a feedback section. Then we had ice creams and Sibil farhan and Anjali V.K. were selected as best volunteers. At 5:35 was cake cutting. Then camp ended at 5:50.

